USBC JANUARY 2020 POTLUCK

"Winnie the Pooh Day" We'll celebrate and have fun with this beloved character!

Saturday January 18th 2020 1 PM At La Maroma

East side of Blvd. Benito Juarez directly across from Burger King in the Lime Green Building (Parking in the Rear)

Each person Must bring enough food for 8 people
Last names:
• A – G Main Dishes
• H – R Sides & Salads
• S – Z Desserts

Your Potluck Host(s):
Dee Dee Martinson
& Anita Olson
deedeemartinson@hotmail.com
anitao5353@gmail.com

“A day without a friend is like a pot without a single drop of honey left inside.”
Come enjoy Winnie the Pooh favorites--friendship and food!

www.unitedsocietyofbaja.org
**BOARD OF DIRECTORS**

- **OFFICERS**
  - Wayne R. Denniston, President (2020) (951) 295-5148, wrd414@aol.com
  - Anita Olson, First Vice President (2020) (661) 100-6800, anitao5353@gmail.com
  - Mona Jean Smith-Middleton, Second Vice President (20-20) (664) 631-3291, manajean123@gmail.com
  - Linda Gaeta, Secretary (2020) (951) 295-5148, lgaeta1@aol.com
  - Milo Goehring, Treasurer (2020) (661) 100-6653, milocary@hotmail.com
  - Judy Westphal, Immediate Past President (20-20) (661) 614-1113, jawmem@msn.com

- **BOARD OF DIRECTORS**
  - Amy Valenzuela (2021) (664) 631-2092, amy.r.valenzuela@gmail.com
  - Arlene Sieman (2019) (661) 612-1081, arlenesieman@gmail.com
  - Dee Dee Martinson (2021) (661) 100-6800, deedeemartinson@hotmail.com

- **COMMITTEES**
  - Amy Valenzuela, Education/Sunshine & Spanish Speaking Ambassadors (664) 631-2092, amy.r.valenzuela@gmail.com
  - Anita Olson, Sergeant-at-Arms (661) 100-6800, anitao5353@gmail.com
  - Bill Clark, Nominating (661) 110-9047, bajabill36@hotmail.com
  - DeeDee Martinson, Socials & Events (661) 100-6800, deedeemartinson@hotmail.com
  - Jo Flowers, Membership Table (661) 613-9355, cre8owl@aol.com
  - Kathy Hutzler, Communicator Distribution (661) 100-6060, bajafossils2@gmail.com
  - Laura Orange, Greeter (661) 106-5872, ladyofthesphere@yahoo.com
  - Milo Goehring, Membership (661) 100-6653, milocary@hotmail.com
  - Omar Enciso, Website / Communicator (664) 201 1454, o.enciso@gmail.com
  - Paul Flowers, Greeter (661) 613-9355, paulflowers211@aol.com
  - Sandy Eddahbi, Restaurant Tours seddahbi@aol.com

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**United Society of Baja California (USBC)** General Meetings 1st Saturday of the month, 10:00AM, Hotel Calafia (Carretera Libre Tijuana- Ensenada KM 35.5, Villa San Pedro Rosarito, B.C.). Board meets Wednesday prior to the 1st Saturday, 10:00AM, at La Maroma. USBC is a social charity group serving as the hub for social, charitable and special interest groups in the Rosarito area.

[www.unitedsocietyofbaja.org](http://www.unitedsocietyofbaja.org)
PRESIDENT’S MESSAGE
Wayne Denniston
wrd414@aol.com

Happy New Year everyone! 2019 was a great year for USBC. We went through some tough times but weathered the storm. Membership is increasing and more events are in the works. 2020 will be an even better year with the new and old board members working together to keep us on the right track. I would like to thank all of you for making this happen.

We had a wonderful holiday restaurant tour at Los Amigos. Thank you to Mary Og and her staff for such a great meal. Everyone had a terrific time. The next restaurant tour will be back in February. Our potluck will be back on January 18th and will be wonderfully hosted by DeeDee, our potluck chairperson.

Again, thank you to my board for such a great job. Thank you to our fantastic members, without whom we would not be able to continue. You make it possible for us to continue to support our community.

May 2020 be good to all of us and God bless.

Submitted by Wayne Denniston

TREASURER’S REPORT
BY MILO GOEHRING

Financial Report for 2019
Total Income for the year = $13,166
Total Expenses for the year = $10,579
Net Income for the year = $2,588
Donations for 2019 was to KSitas of $500

Membership report for December 2019:
New Members = 7
Renewals = 5
Lifetime Members = 8
Deleted non renewed members = 5
Total active Members = 204
Total Membership Dues Collected in Dec = $180.00

Assisted Living and Alzheimer’s Care
Temporary or Permanent stays
All meals, care, activities and medical supervision included
Bilingual Call Center 24/7
12 years experience in Baja
Licensed and operated under state and federal laws

Leave your loved one’s care to professionals.

Mention this ad when you schedule a tour and receive a special gift. Promotion only for USBC members

From Mx. (800 030 0070) 24/7
US. (877) 606 0022 | info@serenacare.net
CONDENSED MINUTES
By Linda Gaetan, Secretary

General Meeting Minutes December 7, 2019

The meeting was called to order at 10:10 a.m. by Anita Olson, First Vice President. Wayne Denniston introduced the USBC board who were present at this meeting. There were 37 people (including our two speakers and two guests) in attendance. The November 2, 2019, general meeting minutes, as amended (Casitas to Ksitas), was unanimously approved with DeeDee making the motion to approve and Anita providing the second. Financial report by Milo: Income for the month of November was $738 (consisting of $420 from member dues and $200 from advertisements). Expenses for the month was $452. There was a net of $286 for November and $2806 year-to-date. Motion by Mona and second by Amy to accept the financial report, which was approved by unanimous vote. Judy distributed her delicious cupcakes for birthdays and anniversaries for November as well as to new members and guests. Miss Morgan spoke about the upcoming whale watching tour on March 9-13. We currently have 31 people on the list with 11 paid to date. USBC awarded a lifetime membership to our esteemed colleague, Judy Westphal. Judy introduced our speakers, Daniel and Jessica, our two students who are currently in medical school. Daniel is anticipating going into neurosurgery while Jessica will specialize in gerontology. They have two to three additional years before accomplishing these goals.

Committee reports:
Sunshine committee: No report
Membership committee chair, Milo, reported we have 202 active members at the end of November with sixteen new members, five renewals and eight life time members. Ballots were counted and the new board will be installed at January's meeting. DeeDee, our potluck chair, stated that the signup sheet for 2020 potluck hosts is available. We still need hosts for the months of April, May, July and September. Our restaurant tour for December is a holiday dinner at 4:00 on the nineteenth at Los Amigos. Tickets are available for our casino event on February 4th.
Non-profit reports: DeeDee reported for Flying Samaritans. There will be a toy wrapping party this week. There will be no general meeting or bingo for December.
Milo reported for the Rosarito Theater Guild regarding the availability of tickets for their Mae West production at the Oyster Bar. Baja O'Brien spoke about the Friends of the Library Home Holiday Tour, which is today. Club de Ninos Y Ninas has a budget of $3000 per month. Their tenth annual Mariachi event brought them $30,000. Baja thanked USBC for their continued support of her twelve year involvement in the fifty mile walk to bring awareness of multiple sclerosis to Mexico. Ed represented Los Angelitos Orphanage, which has been in existence since 2003. Arturo from FRAO, announced the free Spanish classes every Monday and Friday at 11:00. Gabriel from Serena announced a free seminar on how to prevent falls on December 11th at their facility.
Old business:
Election results: The following people will be sworn in at the January meeting: Sandy Eddahbi, Paul Flowers, Kathy Hutzler, Diego Knight, Alexander Magnum, Laura Orange, Arlene Sieman and Danielle Williams.

New business:
Milo and Wayne awarded $500 to Diego, who represented Ksitas.
Robin Bell provided the Christmas jokes for today.
The 50/50 raffle was conducted by Laura. Anita won 400 pesos and $30. And six lucky people won Judy’s cupcakes.

The meeting was adjourned at 11:25.

Respectfully submitted,
Linda Gaetan, Secretary

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JOIN US ON OUR POPULAR CASINO BUS TRIP

VIEJAS CASINO & RESORT

Tuesday Feb 4 2020 at 9:00 AM
Departure from Downtown Rosarito. Quinta Plaza Parking Lot. Next to “Parisina Fabrics” and “Smart and Final”
Tickets only $10 USD
For more Information Visit: www.unitedsocietyofbaja.org

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USBC WHALE ENCOUNTER 2020

Come join us on this amazing adventure
Our whale watching trip on March 9th through the 13th is selling out fast. Be sure to reserve your spot.

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Advertise in the USBC Communicator
Annual rate for 12 Issues

1/8 - $100 USD
1/4 - $200 USD
1/2 - $350 USD

Contact: Wayne Denniston - wrd414@aol.com

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8:00AM–7:00PM

THE MAIL ROOM at Rene’s Delivery & Pickup from U.S.
Monday, Wednesday, Friday
Office Hours 12:00–4:00
December 2019 USBC General Meeting Santa was in town!
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Why Your New Year's Resolution Should Be to Read A Book Every Single Month

Here are true reasons — some even backed by science!

1. It's good for your overall health and well-being.

Here are some science-backed ways that reading is basically the best thing ever: it reduces stress, improves your memory, increases white brain matter and supports healthy brain function, increases your attention span and ability to focus, improves understanding and empathy, and can actually lower your heart rate and improve sleep patterns. And that's just the beginning.

2. It's a great way to wind down at the end of the day.

In desperate need of a vacation but don't have the budget to fly to Fiji? The good news is, for $30 or less, you can buy yourself a brand new, hardcover, mini vacation — courtesy of your local bookstore. Science has shown that reading reduces stress and increases feelings of peacefulness and tranquility (bonus points: it can help you fall asleep at the end of the day too.) A 2015 study from a U.K.-based organization called The Reading Agency proved that folks who regularly read for pleasure were less likely to experience stress and anxiety than folks who wind down their days with technology.

3. There are tons of cool things happening in new literature.

I get it — if the last time you actually sat down and made a point to read was when Walden was assigned in 10th grade English, chances are you haven't developed a lifelong love of literature. But from the explosion of the YA genre, to the evolution of poetry, to the novels and memoirs that push the boundaries of creativity and totally rock our shelves, there is a lot to love in new literature. So don't just read a book that's new to you this year — actually sit down and check out the new writers and releases of 2018. You won't regret it, I promise.

4. You might become a better friend/partner/sibling/daughter/coworker.

That's right, reading actually makes you nicer. Or, at least, a better listener (unless you're reading while someone is talking to you) and more empathetic. A 2006 study by York University found that readers tend to have a greater capacity for empathy than non-readers, in part because readers spend so much time immersed in the stories and experiences of others. Empathy is definitely something we could all use a lot more of in the world today.

5. Book clubs make it easy.

From monthly book subscription boxes, to online book clubs, to the old school “lets-get-wine-and-read-together-in-my-living-room” gatherings, book clubs make it easier than ever to get your monthly diet of new literature — and they'll help you stay accountable to actually reading it. Can't think of a book club you already want to join? Start your own! It'll be just one more thing your besties will thank you for.

6. You'll learn something new.

Sure, 140 characters is good for getting you to click on that trending New York Times article every once in a while, but there are few things like the knowledge — be it intellectual or emotional — that comes from reading a brand new book, cover to cover. There's also something about the fact that an ad will never, ever pop up in a print book and distract you from what you're learning that's also key.

Source: www.bustle.com
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A Mission of the Anglican Church in Mexico
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Worship @ 10am Sundays

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Fine Print | Mission St. Mary Magdalene is fueled by people passionate about Jesus and the Gospel. We are a 501(c)3 U.S. nonprofit corporation EIN# 82-4291829. We follow the Bible, the Book of Common Prayer, IRS, General Accepted Accounting Practices (GAAP), Federal Accounting Standards Board (FASB) and Evangelical Council for Financial Accountability (ECFA) guidelines.

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USBC MEMBERSHIP APPLICATION

$20 USD - 1 Yr Membership (Per Person) *Make checks payable to USBC

Full Name(s): .................................................................

Mailing Address: .................................................................

Home Phone: .............. Cell Phone: .............. E-mail: ..............

Month/ Day of Birthday: .............. Month/ Day of Anniversary: ..............

USBC is a 501c3 non-profit organization. Donations are greatly appreciated.

You can also apply or renew your membership online at:
www.unitedsocietyofbaja.org

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Or drop off at
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**AA Grupo open meetings:** Sun, Mon, Thur, 10 AM Tuesday, Wednesday, Friday 6pm, 2 blocks east of Del Mar Inn. Closed Women's Wednesday 10AM & Men's Thursday 6PM. (661) 6141678.

**AL-ANON (English)** Tuesday 10AM 2 blocks east of Del Mar Inn. Saturday 1PM in Primo Tapia. Call for information 661 6141678.

**Angels 2 Angels** is a binational mission-centric charitable organization dedicated to helping orphanages transform into centers of excellence, providing children with protected, loving, quality care. 100% of all donations go directly to help the orphanages. www.angels2angels.org. **Contact:** Leticia Castro de Halverson, Founder and Executive Director, (951) 205-9890, Leticia@angels2angels.org.

**Baja Animal Sanctuary** Provides help for abused, and abandoned animals by spaying/neutering and finding homes. **Contact:** Sunny Benedict bajadogs@aol.com www.bajaanimalssanctuary.org

**Baja California Spay Neuter Foundation** Providing low cost spay and neuter clinics in Baja. Volunteers always welcome. **Contact:** Robin Gunther, President, 661-123-3619, 619-906-7294 BajaSpayNeuter@gmail.com, www.BajaSpayNeuter.org

**Baja Dog Rescue** American-run 501(c)(3) organization operated by volunteers in Baja California. We are a no-kill shelter that rescues and rehabilitates unwanted, abandoned, and neglected dogs and finds them loving homes. **Contact:** 619-407-9372 664-636-2997 josh@bajadogrescue.org www.bajadogrescue.org

**Baja Scholarship Foundation** Provides financial support to superior Mexican students at risk of dropping out of school due to financial hardship. **Contact:** Judie Desson (661) 613-2359 (760) 208-2840 www.bajascholarshipfoundation.org kenorjude@yahoo.com

**Bajavurah** Meets the last Sunday of the month. A Jewish social group whose members live part or full-time in the Rosarito Beach area. www.bajavurah.com **Contact:** Marsha Baker, President, 602-819-4993 664-631-3586 marsha787@gmail.com

**Club de Niños y Niñas Rosarito** Affiliated with the Boys & Girls Club of America. Provides positive programs, services and activities for school-age children. **Contact:** Rosy Torres, President at rosymtorres@hotmail.com www.clubnyn.org

**Cruz Roja Primo Tapia** Supporting ambulance service from Popotla to Bajamar, General Meeting is: 2nd Friday of each Month 10 am at Bobby's by the SeaBingo is on the 2nd and last Wednesdays of the month,1:00 at El Pescador. Their Thrift Store is open Tuesday–Saturday, 10:00–2:00. **Contact:** Val Valle, Director, valv16@msn.com; Melody Lawson, Store Manager, 661-119-3439 store cell.

**Cruz Roja Voluntarios Americanos de Rosarito** General Meetings 2nd Thursday of the month 10:00 AM, at the Beach Comber Rest. & Bar. Blvd. Benito Juarez KM 25.5, int. Quintas del Mar, Playas de Rosarito. Thrift Store, located behind Waldos, open Mon–Sat, 10:00 AM – 3:00 PM **Contact** Mary Moreno, President 661-612-3486 miqueridomx@yahoo.com

**DIF Desarrollo Integral de la Familia**. Meetings in English: 2nd Tuesday, 9:00AM, Salon Maya, Rosarito Beach Hotel **Contact:** Linda Munoz, 661-612-6082 or 661-612-6077 dir.dif.rosarito@hotmail.com

**Flying Samaritans** Meets the 3rd Wednesday of the month at Villas del Mar, 10:00AM. They conduct free clinics for people of Mexico who have no other resources. Medical clinics the 2nd & 4th Saturdays, and a hearing clinic the 3rd Saturday. Clinic is located at Calle Chihuahua #488, Colonia Constitución. **Contact:** Susan Smith, President, 858-240-2360, 661-100-6066, susansmithz@hotmail.com www.flyingsamaritansrosarito.org
FRAO  The Foreign Residents Attention Office, located in Suite 107 on the first floor of City Hall, provides information and assistance to international residents. Breakfast meeting on the 3rd Thursday of the month 10:00AM. Calafia Hotel Contact: (661) 614-9600 ext. 1080 frao@rosarito.gob.mx

Friends of the Library  Our meetings are held on the second Wednesday of each month except December (10 AM) at CEART. FOL promotes reading, literacy & works to improve conditions and collections of the 5 library branches. Contact: President Nancy Zvonkovic, friendsofthelibraryrb@gmail.com www.friendsofthelibrary.com.mx

Hearts of Baja Children’s Homes Network  To coordinate the needs and resources of the 109 registered and additional non-registered group homes for the nearly 6000 children, orphaned or not, living in our own backyard. Contact: Marilyn Widd, mkwidd@hotmail.com, 442-400-2309, 760-936-3772 www.heartsofbaja.com

Los Angelitos Orphanage  You are welcome to be part of this orphanage, and the blessing of your sponsorship will allow an additional child to enter into this home. info@losangelitos.org, www.losangelitos.org

Rosalito Sister Cities Committee  Meets the 4th Thursday of the month, 10:00AM in Room 212 at City Hall. Aims to increase international trade, economic development, and exchanges of culture, educational and social services. Contact: (661) 614-9600 ext. 1080 frao@rosarito.gob.mx

Rosalito Theatre Guild  Board of Directors meets on the 2nd Tuesday, 10:00AM at their Theatre in the CINES RIO building, #76 Benito Juarez Boulevard, Rosarito (one block south of Elektra)  Contact: Sylvia Dombrosky, President (664) 631-3320 sylvia.dombrosky@gmail.com www.rosarittheatre.org


Calvary Chapel Rosarito  Pastor Mike Vincent. Meets at Aqua Calientes #2978. Services: Sunday 9:00 & 11:00AM, Saturday 6:30PM and Wednesday 6:30PM. (661) 612-7915 calvarychapelsroarito@yahoo.com.

Hope Chapel Rosarito  Located in Baja Malibu, right next to Baja Storage at KM 23.5 along the Tijuana-Ensenada free road. Services: Sunday 11:30AM and Wednesday at 6:00PM  (664) 609-3557 www.hopechapelrosarito.org.

Jewish Chavurah  Meeting the last Sunday of the month. Marsha Baker, President marsha787@gmail.com.

Hope and Faith Amish Mennonite Fellowship  In La Misión, we will be bilingual. Info: Jason Caruth (646) 155-0539, (619) 591-8009.

Latter-day Saints (Mormon)  English service Sunday 9:00AM–12:00, Rosarito Chapel, 20 Calle Cantil, 5 blocks west of Benito Juárez off Av. Del Mar. Info: Craig Klein  619-581-7121, craigklein@onebox.com.

Rosalito Beach Christian Church  Km 42.6 on Tijuana-Ensenada free road. Sunday Worship Service 9:45AM, Info: 661-614-0009 Pastor: Dr. Tom Ward. rosaritochurch@yahoo.com www.rbccchristianchurch.com.

Rosalito Church of the Nazarene  Pastor Gary Tucker. Meets at Calle Abeto & Mediterraneo, 2 blocks east of Crown Plaza Hotel. Services: Sunday 10:00AM, Wednesday 6:30PM. (619) 504-9611 jirehna@gmail.com.

Mission St. Mary Magdalene Playas de Rosarito  Rev’d Fr. Mark S. Lieske, East Side @ Km 40.3 Free Road Ensenada – Tijuana Look for our Signs, Next to Artistic Furniture North Of Ollie’s Pizza & South of Baja Produce. mark@missionstmarymagdalene.net US (619) 313-7511.
WHEN: March 9th through March 13th
FROM: Bus from Rosarito Beach to Guerrero Negro
COST: Single Occupancy $395 USD, Double Occupancy $275 USD

CONTACT: Miss Morgan Phone (858) 538-5922
sanmissmorgan@aol.com - www.unitedsocietyofbaja.org

Established in 1972, we are the largest and most prestigious office in the Rosarito area.

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